



CAPSULE Preparation / Diet

DATE: _____ **DAY BEFORE PROCEDURE**

1. Abstain from smoking for 24 hours before your procedure.
2. Clear liquid after lunch the day before capsule Endoscopy.
3. At 5pm Drink one (1) Bottle of Magnesium Citrate. You may find this at your local drug store Over-the-Counter.

*****Milk, ice cream, Boost , and Ensure are NOT considered clear liquids and will interfere with the bowel preparation.***

You may have the following clear liquids:

Beverages: Coffee, tea, carbonated beverages, sports drinks (Gatorade).
Desserts: JELLO (**NO RED**), fruit ice and Popsicles (**NO RED**).
Juices: Apple, White Cranberry, Grape and Kool-aid (**NO RED**).
Soups: Broths and bouillon.
Sweets: Sugar and hard candies.

4. At 10:00PM in the evening, do not eat or drink except for necessary medication with a sip of water.
5. Male Patients should shave their belly, six (6) inches above and below the navel.

If you have any questions or problems with your prep,
please call the office @ 843-797-6800 ext. _____
ask to speak with your nurse.