



### **UPPER ENDOSCOPY**

Your Endoscopy, also known as esophagogastroduodenoscopy (EGD), is a specialized examination of the upper gastrointestinal tract. EGD involves the passing of a lighted tube, called an endoscope, through the mouth and into the stomach. The first portion of the small intestine, known as the duodenum, is also inspected during the EGD. Upper endoscopy is a useful exam to diagnose hiatal hernia, peptic ulcer, gastric infections, gastric cancer and acid reflux disorders.

#### **BEFORE YOUR PROCEDURE :**

So that both your doctor and you can be fully prepared for your procedure, **please follow the instructions accordingly.**

- In order to prepare for an EGD, you must fast a minimum of 8 hours, usually nothing to eat or drink after midnight, before the exam. No laxatives are needed.
- Heart, blood pressure, and seizure medications may be taken with a small sip of water the morning of your procedure.
- Hold all diabetic medication until after you test
- Your regular respiratory inhalers should be used before arriving and please bring them with you.
- \_\_\_\_\_ Stop Coumadin/Plavix \_\_\_\_\_ days before the procedure
- \_\_\_\_\_ Stop Aspirin, Advil, Motrin, Aleve, and Ibuprofen \_\_\_\_\_ days before procedure.

#### **THE PROCEDURE:**

Once you have registered, the nursing staff will start an IV line in your arm. Before the procedure, your throat may be sprayed with a numbing medication (Cetacaine) to prevent gagging. Next, sedation will be administered. Once you are sedated, the procedure will begin. The exam is usually completed in 15 – 20 minutes or less with a 15 minute recovery period.

#### **COMPLICATIONS:**

Complications are very rare during an EGD. Sometimes the throat can remain sore for up to 4 hours following the procedure. Perforation of the esophagus or stomach are extremely rare.

#### **POST PROCEDURE:**

The doctor will discuss the findings with your family. If needed, a follow-up visit with your doctor will be scheduled. Your results may be mailed to you or discussed at your next office visit.

**PLEASE REMEMBER:**

- Because you will be sedated, you will need a ride. Please limit your ride to one person. It is required that your ride stay in the waiting room during the entire procedure.
- You will receive a confirmation call two days prior to your procedure. If we are unable to reach you, it is **your responsibility** to call 797-6800 ext. 146(Suzie) or ext. 130(Stacey) to confirm. Your procedure may be cancelled if you do not confirm.
- **Please Note: Non emergent cancellations less than 48 hours prior to your procedure and no-shows will be charged a \$75.00 fee that must be paid prior to rescheduling.**